



JMO LOUNGE

Research database

Wellbeing initiatives

Education updates

Social Calendar (Bridgerton Worthy)

Introducing RMOA Committee

# THE WOLLONGONG HOSPITAL Resident Medical Officer Association



**Riddle me this**  
A man pushes his car to a hotel and tells the owner he's bankrupt.

Why?

(First 5 people to contact Jess with the answer to the riddle will win)

## Executive Update

Tambyln Devoy & Jessica Faulkner

### Social

Annie Cheng



### End of Term Drinks

Friday 16th April 2021 5-7pm  
o Members: free bar tab and food  
o Non-members: \$10 for food, pay for their own drinks  
o (Jess has the card, and has no self control when ordering the snacks... I promise you won't need dinner!)

### Trivia



Congratulations to the winners!  
Jessica Faulkner (PGY2 Anaesthetics & VP RMOA), Adelaide Irish (PGY2 Gastro/Endo), Malin Schumacher (PGY1 Gen Surg), Jordan Dasilva (Plus 1 - Vet)  
o Prize \$200  
Gotta be in it to win it! Join next time!

### RMOA Ball



o Design brief = Whole-of-hospital event and a chance to dress a bit glam. Promoted to doctors-in-training, partners and friends, allied health, nursing and support staff  
o Subsidised tickets for RMOA members  
o Scheduled for the second half of the year

### Education

Bransen Noel-Gough & Jaimi Daniels

- Aiming to centralise education and teaching across the hospital
- Bedside tutorials to re-commence later in the year

### RMOA Committee

Tambyln Devoy (President, HETI PGY2 Representative), Jessica Faulkner (Vice President), Sonia Purwell (Treasurer), James Every (Secretary), Jaimi Daniels & Bransen Noel-Gough (Education Officers), Belle Miller (Wellbeing Officer), Annie Cheng (Social Officer), Rukmini Chatterjee (Quality & Safety), Blake Lindsay (Sponsorship), Panchalee Perera (IT Officer), Matthew Bojanic (HETI PGY1 Representative), Alicia Martin (BPT Representative), Raeed Deen (Surgical Registrar Representative)

Welcome! Thanks for taking the time to read our very first RMOA Newsletter – this is probably going to be about as valuable as any other first edition novel, so best save this one and not let it go to the archives (who even knows how to retrieve stuff from that abyss!)

You can expect to receive a version of this prior to the start of each new term, with updates on how, as YOUR representatives we are working for YOU (you being doctors-in-training); education and research opportunities, advocacy for improved working conditions and wellbeing initiatives, social opportunities, updates from medical workforce, quality and safety, and promotions.

We hope you find it valuable – if you don't, just check out the social calendar on the website and try to solve the brain teaser to score a prize!

### First Term Updates

- JMO lounge renovation - see above
- Member cards:
  - o New streamlined process for membership – colour coded to the year, enabling access to member-only events and discounts. Sign up via the website
- Research database
  - o New database on Ovid in partnership with Research Central, providing a centralized access point for Doctors-in-training to find and be involved with research across 3 domains
- Medicine – RMOA contact Dr Bransen Noel-Gough
- Surgery – RMOA Contact Dr James Every
- Critical Care – RMOA contact Dr Tambyln Devoy (link soon available on RMOA website)
- Medical Workforce updates:
  - o Restructure this year – full list of contacts available on last page of Term newsletter, available on RMOA website under News and Correspondence

### Wellbeing

Belle Miller

- Multiple initiatives currently in the final stages of scheduling, including regular outdoor exercise initiatives, afternoon teas and cultural dinners for doctors in training, financially supported by RMOA, with the aim to provide a platform for supporting colleagues, and encourage socialization and networking
- Bike parking and refurbished showers – enabling seamless transition from sweaty morning gym sesh to prepped and polished professional (we have coffee and milk on level 10, but BYO weetbix... out budget isn't that big!)